

POULSBO YACHT CLUB JUNIOR SAILING PROGRAM 2019
PARTICIPANTS STATEMENT OF UNDERSTANDING
LEARN TO SAIL, DOUBLE HANDED SAILING AND ADVENTURE SAILING

THE SAILING COURSE YOU ARE ABOUT TO BEGIN IS AN EXCITING AND DEMANDING CHALLENGE. THE STAFF WILL DO EVERYTHING POSSIBLE TO SEE THAT YOU STAY SAFE AND HAVE LOTS OF FUN. YOU NEED TO BE AWARE OF WHAT WILL BE INVOLVED IN THE COURSE AND BE WILLING TO STUDY AND PRACTICE TO ACHIEVE SUCCESS.

YOU WILL BE REQUIRED TO BRING AND WEAR A PERSONAL FLOATATION DEVICE (PFD) AT ALL TIMES WHEN ON THE CLUB PIER, FLOATS OR YOUR BOAT. IT MUST BE A COAST GUARD APPROVED TYPE III AND BE THE PROPER SIZE FOR YOUR WEIGHT AND BUILD. A PFD WITHOUT BELTS AND BUCKLES WILL MAKE IT EASIER TO PULL YOURSELF BACK INTO THE BOAT. BE SURE TO PUT YOUR NAME ON YOUR PFD WITH WATERPROOF INK.

LEARN TO SAIL CLASSES WILL BE TAUGHT A CAPSIZE RECOVERY EXERCISE ON THE FIRST DAY OF YOUR CLASS. YOU WILL TREAD WATER WITHOUT YOUR PFD FOR A SHORT TIME, PUT ON YOUR PFD WHILE TREADING WATER, SWIM FROM THE DOCK TO A CAPSIZED DINGHY. YOU WILL RIGHT IT AND CLIMB ABOARD, CAPSIZE THE BOAT, SWIM TO THE DOCK AND CLIMB OUT OF THE WATER VIA A SWIM LADDER. THIS EXERCISE WILL LET YOU BE PREPARED IF YOU SHOULD CAPSIZE WHILE LEARNING TO SAIL. YOU WILL HAVE A CHANCE TO HOSE OFF AND CHANGE CLOTHES FOLLOWING THE CAPSIZE DRILL. YOU MAY GET WET ANY DAY OF THE PROGRAM SO BRING A CHANGE OF CLOTHES EACH DAY. **WE REQUIRE THAT YOU WEAR APPROPRIATE FOOTWEAR AT ALL TIMES. BOAT SHOES, TENNIS SHOES OR WATER SOCKS WORK WELL. NO OPEN TOE FOOTWEAR OR FLIP FLOPS.**

DOUBLE HANDED SAILING CLASSES ARE DESIGNED TO BUILD YOUR SKILLS AND ENJOYMENT OF SAILING. WE EXPECT THAT YOU ARE ALREADY CONFIDENT IN YOUR ABILITY TO SAIL. WE HAVE ADDED ADVENTURE SAILING TO OUR PROGRAM WHICH WILL OFFER YOU THE OPPORTUNITY TO SAIL IN THE MORE OPEN WATERS OF LIBERTY BAY AND BEYOND, SUCH AS PORT MADISON, MANZANITA BAY AND BROWNSVILLE. MANY SAILORS FIND THAT TIME SPENT EXPLORING WATERWAYS AND VISITING REMOTE ISLANDS AND PORTS IS THE BEST PART OF SAILING. DOUBLE HANDED AND ADVENTURE SAILING REQUIRE PRE-APPROVAL BY INSTRUCTORS.

BRING A SACK LUNCH EACH DAY. WE PROVIDE A COOLER TO KEEP IT TILL LUNCHTIME. YOU ARE REQUIRED TO STAY WITH YOUR CLASS DURING LUNCH. WE PROVIDE WATER BUT BRING ANOTHER BEVERAGE IF YOU PREFER.

RETURN THIS COMPLETED DOCUMENT WITH THE OTHER ENROLLMENT FORMS. MAKE A COPY FOR YOUR REFERENCE.

PLEASE READ, UNDERSTAND AND SIGN THE FOLLOWING STATEMENT OF UNDERSTANDING. HAVE YOUR PARENT OR GUARDIAN WITNESS YOUR SIGNATURE.

I WANT TO LEARN TO SAIL. TO BE ACCEPTED INTO THE PROGRAM, I PROMISE TO DO THE FOLLOWING THINGS:
(ADVENTURE SAILING MAY REQUIRE A REMOTE LOCATION DROP OFF AND PICK UP, TO BE DETERMINED)

- TO ARRIVE AT 9:45 AM EACH DAY OF CLASS AND REPORT TO THE FLAG POLE BENCH AREA
- TO OBEY ALL PROGRAM RULES AS SET FORTH BY THE PROGRAM DIRECTOR AND INSTRUCTORS
- TO OBEY THE DIRECTIONS OF THE INSTRUCTORS TO THE BEST OF MY ABILITY
- TO USE MY UTMOST CARE TO AVOID DAMAGING THE BOATS, FLOATS AND OTHER FACILITIES
- TO TREAT CLUB MEMBERS, THE STAFF AND OTHER PARTICIPANTS WITH COURTESY AND RESPECT
- TO AVOID DISRUPTIVE BEHAVIOR (DISRESPECTFUL) AND HORSEPLAY (UNSAFE) AT ALL TIMES
- TO REFRAIN FROM ANY USE OF ABUSIVE LANGUAGE OR SWEARING
- TO ARRANGE TO BE PICKED UP PROMPTLY AT 4:30PM EACH DAY.

I UNDERSTAND THAT IF I FAIL TO KEEP THESE PROMISES THAT I MAY BE DISMISSED FROM THE PROGRAM

SAILOR'S SIGNATURE _____ DATE _____

PRINTED NAME _____

WITNESSED AND UNDERSTOOD BY MY CHILD AND ME,

PARENT'S SIGNATURE _____ DATE _____

PRINTED NAME _____